

ZIKA Virus and Fertility Treatment: IMPORTANT Information for Yorkshire Fertility Patients

Infection with Zika virus in pregnancy is suspected to cause abnormal brain development in the unborn child. There is still a risk of contracting the Zika virus in some countries.

Zika may present an increased risk for certain groups of the population particularly pregnant women, therefore couples planning a pregnancy or currently pregnant should follow the specific travel advice as follows.

Travel advisories for pregnant women and couples planning pregnancy		
Country	Pregnant women risk rating	Couples considering pregnancy
Risk	Specific recommendations for pregnant women considering travel to affected countries or areas can be found in the 'other risks' section of the NaTHNaC country information pages	Couples should follow guidance on prevention of sexual transmission of Zika and avoid conception while travelling and for 3 months on return
Very low risk	No specific travel advisory	No specific travel advisory

Female Travellers:

You should avoid pregnancy or the donation of eggs for **8 WEEKS** after returning from a Zika virus affected area.

Male Travellers:

You should avoid pregnancy or the donation of sperm for **6 MONTHS** following return from a Zika virus affected area (an extended period as Zika virus survives in semen longer than other body fluids)

Please speak to a member of staff for further advice if needed.

The knowledge about Zika is changing rapidly and up to date information can be found at <https://www.gov.uk/government/collections/zika-virus-zikv-clinical-and-travel-guidance>

We confirm that we have read and understood this information.

Female partner name & signature:

Partner name & signature:.....

Date: