

# Short Protocol IVF At a glance

### **Short Protocol with Cetrotide or Ganirelix**

The month before your treatment is due to commence, you will need to telephone Yorkshire Fertility to make an appointment to sign all the consent forms. The Nurse will explain in detail the procedure you will need to follow.

You will also be informed of when you both will need to attend the blood test department for screening bloods to be taken.

### **The Cycle**

**Day 1 is the first day of a full red bleed.** Please telephone for an appointment for an ultrasound scan to exclude any abnormalities that may have developed since your last ultrasound scan. If your period starts Friday after 3pm, Saturday or Sunday ring on Monday morning.

**Day 2 or day 3** of bleeding start the Gonal F and/or Menopur injections on the dose prescribed.

**On the 5<sup>th</sup> day** of the Gonal F and/or Menopur injections you will need to attend for an ultrasound scan to assess follicular growth.

If there are one or more follicles of 11- 12mm you will be instructed to start the Cetrotide/ Ganirelix injections and to continue the daily Gonal F and/or Menopur injections.

**Please abstain from sexual intercourse or use a barrier form of contraception from day 1 of your cycle until at least 1 week post egg collection.**

It may be necessary to attend for daily scans from then on depending on the follicular growth.

The egg collection will be arranged by the staff and instructions will be given to you both verbally and in writing, regarding the late night injection.

The egg collection is approximately 36 hours after this injection. The laboratory will keep in contact with you to arrange your embryo transfer which is typically 3-5 days following egg collection.

An appointment for a pregnancy blood test will be arranged for around 15 days after egg collection. A nurse will arrange contact with you that day to give

you the result. If this is positive you will have an ultrasound scan 2 weeks later. If it is negative you will be offered a follow up appointment with one of our doctors 4 – 6 weeks later. Please be aware that in some instances the blood test may need to be repeated.

For urgent problems between 4pm and 8am Monday to Friday, weekends and bank holidays you can contact the Calderdale Royal Hospital switchboard on 01422 357171 and ask for the gynaecology ward.

In the case of an emergency please attend the Accident & Emergency department.

For further information please visit our website:  
[www.yorkshirefertility.co.uk](http://www.yorkshirefertility.co.uk)

**If you have any comments about this leaflet or the service you have received please contact:**

### **Clinical Lead Nurse**

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**If you would like this information in another format or language please contact us.**

### **Czech**

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

### **Hungarian**

Amennyiben ezt az információt más formátumban vagy nyelven szeretné megkapni, vegye fel a kapcsolatot fenti részlegünkkel.

### **Polish**

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

### **Punjabi**

ਚ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਚੁਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

### **Urdu**

اگر آپ کو یہ معلومات کسری اور فارمیٹ میں درکار ہوں، تو براہ مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔