

There are some occasions where cycles do not reach the pregnancy test stage of treatment. If this happens, the medical staff will advise you further about your amended treatment plan.

Occasionally, you may experience bleeding or cramps prior to the pregnancy test appointment. This can be due to various reasons, and we advise to continue with the medication plan, and attend for the pregnancy test on the date arranged.

Pregnancy Testing

14-17 days after egg collection an appointment will be made to attend for pregnancy test (blood sample). The nurse will arrange contact with you the same day to give you your result. If positive you will need to continue medication, a scan will be arranged for 2 weeks later. If negative, follow up appointment will be arranged 4-6 weeks later. Please be aware in some instances the blood test may need to be repeated

Contact Details

For urgent problems between 4pm and 8am Monday to Friday, weekends and bank holidays please contact the Calderdale Royal Hospital switchboard on 01422357171 and ask for the gynaecology ward.

In the case of an emergency please attend the Accident & Emergency department.

If you have any comments about this leaflet or the service, you have received please contact: **Clinical Lead Nurse**

Yorkshire Fertility Telephone: (01422) 261344
Broad Street Plaza
Halifax
HX1 1UB

If you would like this information in another format or language please contact us.

Czech: Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím navýše uvedené oddělení

Hungarian: Amennyiben ezt az információit más formátumban vagy nyelven szeretné megkapni, vegye fel a kapcsolatot fenti részlegünkkel.

Polish: Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

Punjabi

ਰ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਖ਼ਾਤਮ ਨਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

Urdu

اگر آپ کو یہ معلومات کسی اور فارمیٹ میں درکار ہوں، تو براہ کرم
مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔



Short Protocol IVF/ICSI at a glance

Prior to your treatment start date, an appointment will be arranged with a fertility nurse to explain and discuss all aspects of your treatment, and to complete all of the relevant consents forms required. This will take approximately 1-2 hours, and you will need to attend with your partner (if appropriate). Payment will be taken prior to this appointment, for fee paying cycles. Any outstanding investigations will be arranged.

Prior to Treatment Starting

Cycles will be carefully planned with the central units, and the provisional plan including all relevant dates will be explained – though please be aware that these are subject to change throughout your treatment. All infection screening blood tests results must be available and valid prior to treatment starting, so please arrange these 1-2 weeks before your treatment is expected to start.

You will need to collect all prescribed medication as close to your first cycle appointment as possible from the pharmacy at Calderdale Royal Hospital, and bring to this appointment. Please contact them to confirm that the prescription is ready to be collected on:

NHS prescriptions: 01422 323580 **Fee Pay Prescriptions:** 01422 224355

NB. Some medication will need to be stored in the fridge, so please ensure you check the items and store appropriately.

Please abstain from sexual intercourse or use a barrier form of contraception from day 1 of your cycle until at least 1 week post egg collection.

Please ensure that your treatment plan is clear following the consultation with the nurse – you will need to contact Yorkshire Fertility to inform them that your period has started to arrange an appointment within the first 7 days. If your period starts after 3pm on Friday, or over the weekend, please ring us on Monday regarding the ongoing plan.

Pre stimulation scan

At the start of your period, in the month prior to starting the Gonal F / Menopur injections, an appointment will be made at Yorkshire Fertility for an ultrasound scan to exclude any new issues that might affect your treatment. The team will check your medication supplies and explain how to use your injections – therefore please bring all medication to this appointment.

In most short protocols you will start taking Norethisterone tablets from day 16 of your cycle, for between 10 and 20 days which will begin the process of managing the hormones and planning ovarian stimulation.

Once completing this medication we expect that you will have some vaginal bleeding prior to starting the next phase of treatment.

If you do not have any vaginal bleeding after stopping the norethisterone, do not start the Gonal F/Menopur injections. Please call Yorkshire Fertility for further advice.

The Yorkshire Fertility team will advise when and how to administer the injections, and the dose prescribed. This injection should be taken in the evening, at the same time every day.

Day 5 or 6 of injections

You will start the second injection (Ganirelix or Cetrotide). You may require a scan on day 5 or 6 of the Gonal F and/or Menopur injections to assess response, though this is not always required.

Day 7-9 of injections

You will attend Yorkshire Fertility for an ultrasound scan to assess the stage of development of follicles. Bring all remaining medication to this appointment, except the Ovitrelle (which should remain the fridge at home).

It may be appropriate to plan the egg collection, however it is common to require further scans to monitor the growth and development of follicles. You may require further prescriptions depending on the duration of treatment.

When follicles are mature

The egg collection will be arranged at the appropriate time by the staff and instructions will be given verbally and in writing regarding the late-night injection (Ovitrelle). The egg collection will be approximately 36 hours after this injection.

Embryo transfer will be arranged between you and the central unit and is typically 3-5 days following egg collection.

On the day of egg collection

You will start the progesterone medication – 800mg cyclogest pessaries used at night, or Lubion injections 25mg daily. The Yorkshire Fertility team will confirm the drug and dose that you have been prescribed.