

### Short protocol frozen embryo transfer

- Attend Yorkshire fertility to sign consents the month prior to commencing treatment.
- Ring Yorkshire fertility on day 1 of period for an appointment on either day 2 or day 3 of period.
- Attend Yorkshire fertility on day 2 or 3 for scan and start 100mcg evorel (oestrogen) patches x2 (200mcg) and book scan for day 8.
- Attend for scan on day 8 to check womb lining (if over 10mm, don't need day 12 scan), the dosage may be adjusted if the endometrium is not thickening sufficiently.
- Once the Yorkshire fertility staff has established that you are ready for your transfer, they will contact the central unit who will then contact you to arrange a date and time for your transfer. You will also be advised when to start taking any other medication. Your transfer is usually between day 17-21 of oestrogen.
- After the transfer continue the oestrogen (and any other medication as directed) until the date of your pregnancy blood test.
- Please call the nurses in Yorkshire fertility following your transfer so we can organise a date for the pregnancy blood test. We will need to know the stage/day of your embryos/blastocysts and date of transfer in order to give you the correct date for the test.