



# Long Protocol IVF/ICSI at a glance

Author: Yorkshire Fertility Date published: April 2021 Version no: 3.0

The month before treatment telephone for appointment to sign the appropriate paperwork (1-2 hours) you will need to attend with your partner and payment will be taken if required. Screening bloods will be arranged.

### Day 1-4 of cycle

Phone for appointment 7 days after ovulation (approximately day 21 of the cycle).

From day 1 of your period to at least 1 week after egg collection, please ensure you use a barrier form of contraception.

### Day 21 Appointment

Scan performed. Start 1st injections (instructions given). Screening bloods checked.

### Approximately 2 weeks later Appointment for scan

Usually a Thursday or Friday (You will have had a period since last visit). In some instances, you may not be ready to move on to the next state of treatment at this scan, this is not uncommon, and we may need to rescan you the following week. Start 2nd injections if screening bloods ok, on the Friday (instructions given)

## Appointment for day 6 of stimulation

Not required for every patient. Scan to assess recruitment and size of follicles. Bring all medication, except the Ovitrelle injection, with you to this appointment.

### Appointment for day 8 of stimulation

Scan to assess recruitment and size of follicles. Bring all remaining medication to this appointment, except the Ovitrelle, you may need a further prescription.

### **Further appointments**

Further scans over the weekend or on Monday or Tuesday if follicles are not a mature size.

### When follicles are mature

The egg collection will be arranged at the appropriate time by the staff and instructions will be given verbally and in writing regarding the late-night injection (Ovitrelle). The egg collection will be approximately 36 hours after this injection. **Embryo transfer will be arranged between you and the central unit and is typically 3-5 days following egg collection.** 

## **15 days after egg collection** an appointment will be made to attend for pregnancy test (blood sample).

You should have at this point received our online patient feedback questionnaire, please complete.

The nurse will arrange contact with you the same day to give you your result. If positive a scan will be arranged for 2 weeks later. If negative, follow up appointment will be arranged 4-6 weeks later. Please be aware in some instaces the blood test may need to be repeated.

For urgent problems between 4pm and 8am Monday to Friday, weekends and bank holidays please contact the Calderdale Royal Hospital switchboard on 01422 357171 and ask for the gynaecology ward.

In the case of an emergency please attend the Accident & Emergency department.

### If you have any comments about this leaflet or the service, you have received please contact:

### **Clinical Lead Nurse**

Yorkshire Fertility Broad Street Plaza 51 Northbridge Halifax HX1 1UB Telephone (01422) 261344 If you would like this information in another format or language, please contact us.

### Czech

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

### Hungarian

Amennyiben ezt az információt más formátumban vagy nyelven szeretné megkapni, vegye fel a kapcsolatot fenti részlegünkkel.

### Polish

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. Danych kontaktowych

### Punjabi

ਰ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

### Urdu

اگر آپ کو بچ معلومات کمری اور فار میٹ بلزبان می درکار ہوں، تو بر انے مہرباری مندرجہ بالا شعبے می ہم سے ر ابطہ کری.