

# Donor Insemination at a Glance

Donor insemination treatment can be commenced when:

- a) Sperm has been reserved at CARE, Manchester (or secured privately).
- b) Tubal patency testing has been performed.
- c) Counselling appointment attended.
- d) Screening bloods negative within 12 weeks for first DI, within 2 years of subsequent DI.
- e) Dummy run of cycle tracking is performed in the month before treatment.

### **The Month of Treatment**

Day 1-3 of cycle:

- a) phone CARE Donation Team 0161 2493040
- b) Phone Yorkshire Fertility 01422 262344 for a scan on approximately day 10 of cycle and make appointment to sign IUI consent forms on day 2.

Several scans may be needed to assess ovulation and time the insemination accurately.

Once ovulation is thought to be imminent, the insemination will be arranged with CARE Fertility staff.

An injection of ovitrelle may need to be given.

Sometimes natural cycle insemination is the preferred treatment choice, but some women may need ovarian stimulation if they have irregular cycles.

A pregnancy test should be undertaken 14 days following the insemination.

If the pregnancy test is positive ring Yorkshire Fertility to arrange an early pregnancy scan.

If it is negative treatment can be offered for the following month if required (not the consecutive month but with the following period.) It should be ascertained with CARE if the same sperm donor is still available.

**If you have any comments about this leaflet or the service, you have received please contact:**

### **Clinical Lead Nurse**

Yorkshire Fertility  
Broad Street Plaza  
51 Northbridge  
Halifax  
HX1 1UB  
Telephone (01422) 261344

[www.yorkshirerfertility.co.uk](http://www.yorkshirerfertility.co.uk)

**If you would like this information in another format or language contact us.**

### **Czech**

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

### **Hungarian**

Amennyiben ezt az információt más formátumban vagy nyelven szeretné megkapni, vegye fel a kapcsolatot fenti részlegünkkel.

### **Polish**

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

### **Punjabi**

ਰ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਚੁਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

### **Urdu**

اگر آپ کو یہ معلومات کرنی اور فارم میں طرزبان میں درکار ہوں، تو براہ سے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔